



Aikido-Seminar

January 24 - 26, 2025 in Malmshheim

LEWIS BERNALDO DE QUIROS

7th Dan Aikikai

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www.aikido-malmsheim.de

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TRADITIONAL
AIKIDO EUROPE

Sensei Lewis Bernaldo de Quiros has practiced Aikido since 1984, from 1986 to 1993 in Japan under Morihiro Saito Sensei. He lives in Spain and teaches numerous seminars all over Europe. Lewis holds a 7th Dan Aikikai.

WHEN

Friday 20:15-21:45
Saturday 10:00-12:00, 14:00-17:00
Sunday 09:00-12:00

WHERE

TSV Malmshheim, Albstr. 14 in 71272 Renningen-Malmshheim

HOW TO GET THERE WITH PUBLIC TRANSPORT

From Stuttgart main station take the metro (S-Bahn look for **S**) # 6 direction Weil der Stadt to Malmshheim station.

ACCOMODATION

In the dojo or hotels. You are also welcome to stay with one of us (first come first serve)

FOOD

Snacks and drinks available during training sessions
Saturday lunch in the adjacent restaurant, dinner in another restaurant.

FEE AND REGISTRATION

€ 15 Friday / € 60 Saturday / € 30 Sunday / € 80 whole seminar (reduction for students)
Registration, information and payment details: coyote.blue@gmx.net (Barbara Ambrus)
Please register, number of participants is limited

OTHER ORGANIZATIONAL MATTERS

Jo and bokken are available in limited numbers
Insurance is not included

WE ARE LOOKING FORWARD TO A NICE SEMINAR WITH YOU!