

Sensei Lars Landberg has trained Iwama style aikido since 1979 and holds a 6th Dan Aikikai. He has trained directly under Morihiro Saito Sensei and has been uchi-deshi with Sensei in Iwama many times. Lars is the co-dojo-cho of the Copenhagen Aikido Dojo.

# Aikido-Seminar August 23-25, 2023 in Malmsheim

# LARS LANDBERG

6. Dan Aikikai





## **WHEN**

Friday 20.15 - 21.45

Saturday 10.00 - 12.00 and 14.00 - 17.00

Sunday 9.00 - 12.00

# **WHERE**

TSV Malmsheim, Albstr. 14 in 71272 Renningen-Malmsheim

#### **HOW TO GET THERE WITH PUBLIC TRANSPORT**

From Stuttgart main station take the metro (S-Bahn, look for S) #6 direction Weil der Stadt to Malmsheim station.

### **ACCOMODATION**

In the dojo or hotels. You are also welcome to stay with one of us (first come first serve)

# **FOOD**

Snacks and drinks available during training sessions Saturday lunch in the dojo, dinner in a restaurant

#### **FEE AND REGISTRATION**

€ 15 Friday / € 60 Saturday / € 15 Sunday / € 80 whole seminar (reduction for students) Registration, information and payment details: coyote.blue@gmx.net (Barbara Ambrus) Please register, number of participants is limited

# OTHER ORGANIZATIONAL MATTERS

Jo and bokken are available in limited numbers Insurance is not included